

Join the Canisius College Counseling Center for

QPR

SUICIDE PREVENTION TRAINING

Learn warning signs of distress and how to support and refer someone in crisis

Suicide is the 3rd leading cause of death among 15-24 year olds


Q - question
P - persuade
R - refer

Open to students, faculty, and staff!

Let's make sure everyone in our community knows how much they matter

 **September 21**

 **OM 223**

 **3-4:30PM**

**YOU
can
help!**

Questions? Email Sabrina at sosas@canisius.edu. Registration is encouraged, but not required.



SCAN ME