



Presents “Feed Yourself FreeYourself” Series of 5 Free Interactive Gardening Experiences



Please join us on Saturday, May 7th @ 10am for the 1st free class on growing plants from seed, Let food be thy medicine!

ZOOM Link:

<https://us05web.zoom.us/j/88999759830?pwd=RVhmMWdybFNLNnFyNmJtM1RQYnA3QT09>

Meeting ID: 861 0937 8350

Passcode: 349687

Dial by your location: +1 929-205-6099 US (New York)

Class supplies limited to 20 students, Pick up will be available Friday, May 6th

@ Grassroots Gardens 389 Broadway 10am-2pm

Instructors: Gail V. Wells, Buffalo Freedom Gardens and Allison DeHoney, Urban Fruits & Veggies