



•MENTAL HEALTH MATTERS. STRESS LESS PRESENTATION

Presented By
Tara McPherson, MS, CWPC, CWPM
Corporate Wellness Consultant, Lawley Insurance
& Lauren Dlugosz, Wellness Program Manager,
Independent Health

Wednesday, March 16, 2022
Grupp Fireside Lounge
Noon – 1:00 pm
(Lunch and refreshments will be provided)

To register, please email Bethany by Friday, March 11th at voorheeb@canisius.edu. Please also provide any dietary restrictions.