

Canisius College  
The Department of Counseling and Human Services

Golden Griffin Counseling Seminar Series Presents:  
**LIFE, LOVE AND LOSS: THE  
NEW NORMAL**



**Brenda Whelan, LMHC**

After a loss, we may try to move back to life as it was. However, this is not possible and we are called to define what has come to be known as our “New Normal”. Normalizing grief comes from understanding its impact as an up close and personal part of all life.

Complicated grief, Prolonged Grief, Disenfranchised Grief and the stages of loss will be explored as they relate universally to change, life disturbances and death. This seminar will provide practical information about the application of interventions and strategies to incorporate within the therapeutic setting.

Saturday November 2, 2019

9:30 am – 1:00pm

Grupp Lounge (2<sup>nd</sup> Floor) Regis E. Winter Student Center

81 Hughes Avenue Buffalo NY 14208

Questions? Call the Counseling and Human  
Services Department at 716-888-3298 or email  
Dr. D'Angelis at [tanigosh@canisius.edu](mailto:tanigosh@canisius.edu)

Registration Deadline: October 25<sup>th</sup> (by  
Midnight)  
To Register: [www.tinyURL.com/gogrcs](http://www.tinyURL.com/gogrcs)