

GOLDEN GRIFFIN'S COUNSELING SEMINAR SERIES

**The Canisius College Department of Counseling and Human Services
Presents:**

CLINICAL APPROACHES & CONSIDERATIONS TO UNDERSTANDING:

- Workshop 1: Dialectical Behavior Therapy- Understanding and Working with Borderline Personality Disorder and Self Injurious behavior
Workshop 2: Gay, Lesbian, Bisexual, Transgendered & Questioning (GLBTQ) Youth: Are You Ready to Give Them Your Best as a Professional Counselor?

WHEN: Saturday, March 3rd, 2012

TIME: 8:30 am – 4:00 pm

WHERE: GRUPP LOUNGE (2nd Floor)
Richard E. Winter Student Center
Canisius College
Hughes Street
Buffalo, NY 14208

COST: \$25.00 Students
\$40.00 New Professionals (graduated within 1 year
of seminar date)
\$50.00 Professionals
\$25.00 Cooperating Counselors for the
Department of Counseling and Human Services
at Canisius College

***(Lunch & Light Refreshments Included)**

Personal Check (Please make checks payable to: Canisius College) or Cash Only.

Registration Deadline Date: Saturday February 25th, 2012. Please note, payment is non-refundable.

CEU'S: 6 clock hours are available with attendance of full workshop
~NBCC approved provider~

PARKING: For assistance in locating campus parking and the Student Center, please refer to the Canisius College website at: www.canisius.edu.

Questions? Contact Rosemary Evans, Administrative Assistant in the Department of Counseling and Human Services at (716) 888-3298 or Dr. Holly Fetter at (716) 888-3187.

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<p align="center">March 3rd, 2012 SEMINAR SCHEDULE Department of Counseling and Human Services</p>		
Time	Workshop Sessions	Presenter(s)
8:30am – 9:00am	Registration/Coffee/Light Breakfast	
9:00 am – 12:00pm	<p align="center">Workshop 1</p> <p align="center">Dialectical Behavior Therapy Understanding and working with Borderline Personality Disorder and Self Injurious behavior.</p>	Janet Cerra
12:00pm – 1:00pm	LUNCH (Included)	
1:00pm – 4:00pm	<p align="center">Workshop 2</p> <p align="center">Gay, Lesbian, Bisexual, Transgendered & Questioning (GLBTQ) Youth: Are You Ready to Give Them Your Best as a Professional Counselor?</p>	Ms. Marvin L. Henchbarger

PROGRAM DESCRIPTIONS & PRESENTER BIOS

WORKSHOP SESSION 1: 9:00am – 12:00pm

PRESENTATION TITLE: Dialectical Behavior Therapy- Understanding and working with Borderline Personality Disorder and Self Injurious behavior.

ABSTRACT: This workshop will provide a broad understanding of DBT and the populations most appropriate for this approach. Attendees will have an understanding of Marsha Linehan's Bio-Social Theory of Emotion Dysregulation and the self injurious behaviors that often accompany emotion dysregulation. This workshop will provide attendees with an understanding of how Borderline Personality Disorder develops and how to identify those young clients at risk for this diagnosis. Approaches for working with these clients both in the school setting and the clinical setting will be discussed. Attendees will be provided with Mini-Assessment guidelines and specific intervention tools for helping clients to modulate their emotions as well as specific do's and don'ts of working with this population.

PRESENTER: Janet Cerra, MS, LMHC, is currently the Director of the Ken-Ton Family Support Center; a Family Counseling Center for the Ken-Ton School District and Adjunct Professor at Canisius College and the State University of New York at Buffalo. She also has a private practice and consulting business, Counseling Solutions, that has provided consultation and supervision to the Greece School District and Child and Family Services. Janet also works as the EAP Counselor for the Ken-Ton School District. In 2003 Janet completed her DBT intensive training with Marsha Linehan's Behavioral Tech, LLC training group in Seattle Washington. Janet holds a license with NY State in Mental Health Counseling as well as her permanent certification in school counseling.

LUNCH (included in registration fee): 12pm – 1pm

WORKSHOP SESSION 2: 1:00pm – 4:00pm

PRESENTATION TITLE: **Gay, Lesbian, Bisexual, Transgendered & Questioning (GLBTQ) Youth:** Are You Ready to Give Them Your Best as a Professional Counselor?

ABSTRACT: This workshop will look at the difference between the G, the L, the B, the T and the Q before focusing on issues faced by GLBTQ youth at home, in school and in church and the ways that these young people are at risk. The purpose will be to increase participant knowledge and awareness of issues faced by gay, lesbian, bi, trans and questioning youth, as well as ways to support them. Stereotypes will be explored and addressed. There will be a question and answer period during which questions both personal and professional will be welcome. Participants will take with them ways to let GLBTQ youth know that they are “safe” to talk to and to support these youth. GLYS resources will be shared. Distinguish between sexual orientation and gender identity/expression.

PRESENTER: **Ms. Marvin L. Henschbarger**, has been the Executive Director of Gay & Lesbian Youth Services (GLYS) of WNY since 2000. Marvin taught high school biology for 14 years and prior to coming to GLYS, spent 11 years at Oswego State College as a residence hall director and Student Affairs Staff Assistant. Marvin has an M.S.Ed. in College Student Development from Alfred University.

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The Canisius College Department of Counseling and Human Services
March 3rd, 2012 Conference Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Institution/Company Name: _____

Position: _____

Phone: _____ **E-mail:** _____

Costs (lunch included):

Counseling Seminar Rates: (all registration forms must be postmarked or received **no later** than *Saturday February 25th, 2012*):

Student Rate: \$25 (valid student ID required at door)
New Professionals: \$40 (must have graduated within 1 year of seminar date)
Professional Rate: \$50 (CE credits available)
Cooperating Counselors: \$25

Amount Enclosed: Student \$ _____ Professional \$ _____

Cooperating Counselors \$ _____

To Register by Mail: Cash: [_____]

Please make checks payable to: **Canisius College.**

Check* [# _____]

** Payment is non-refundable*

Please return this form along with payment and mail to:

Dr. Holly Fetter
Canisius College
Department of Counseling & Human Services
2001 Main St
Buffalo, NY 14208